



Parish Church of St. Anne Chingford

Web site: www.stanneE4.org.uk



Trinity 10, Proper 14 - 8th August 2021

Parish Eucharist 10.00

W O R S H I P

Welcomers: Otis Griffin, Anthony Sullivan

Server: Alan Pearson

Lessons: Otis Griffin

Prayers: Alan Pearson

Preacher: Julie Adesina

Celebrant: Mick Scotchmer

Music: Peter Stannard

Hymns

796 We hail thy presence glorious

798 We have a gospel to proclaim

290 Have faith in God, my heart

33 Alleluia, sing to Jesus

337 I, the Lord of sea and sky



This week



Monday	9th Aug	20.00	Plant Committee
Tuesday	10th Aug	20.00	MLT (in Vestry)
Friday	13th Aug	10.00	Eucharist
Sunday	15th Aug	10.00	Parish Eucharist

Collect

Let your merciful ears, O Lord,
be open to the prayers of your humble servants;
and that they may obtain their petitions
make them to ask such things as shall please you;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever .

Post Communion

God of our pilgrimage,
you have willed that the gate of mercy
should stand open for those who trust in
you:
look upon us with your favour
that we who follow the path of your will
may never wander from the way of life;
through Jesus Christ our Lord.

Old Testament Reading

1 Kings 19.4-8

⁴Elijah went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, **O LORD, take away my life, for I am no better than my ancestors.**' ⁵Then he lay down under the broom tree and fell asleep. Suddenly an angel touched **him and said to him, 'Get up and eat.'** ⁶He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. ⁷The angel of the LORD came a second time, touched him, and **said, 'Get up and eat, otherwise the journey will be too much for you.'** ⁸He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

Thanks be to God.

This is the word of the Lord.

All Thanks be to God.

New Testament Reading

Ephesians 4.25-5.2

²⁵Putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. ²⁶Be angry but do not sin; do not let the sun go down on your anger, ²⁷and do not make room for the devil. ²⁸Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. ²⁹Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. ³⁰And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. ³¹Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, ³²and be kind

to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you.

¹Therefore be imitators of God, as beloved children, ²and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

This is the word of the Lord.

All Thanks be to God.

Gospel

John 6.35,41-51

When the Gospel is announced the reader says

Hear the gospel of our Lord Jesus Christ according to John.

All Glory to you, O Lord.

³⁵**Jesus said to the crowd, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'**

⁴¹**Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.'** ⁴²**They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?'** ⁴³**Jesus answered them, 'Do not complain among yourselves.** ⁴⁴**No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day.** ⁴⁵**It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me.** ⁴⁶**Not that anyone has seen the Father except the one who is from God; he has seen the Father.** ⁴⁷**Very truly, I tell you, whoever believes has eternal life.** ⁴⁸**I am the bread of life.**

⁴⁹**Your ancestors ate the manna in the wilderness, and they died.** ⁵⁰**This is the bread that comes down from heaven, so that one may eat of it and not die.**

⁵¹**I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'**

This is the Gospel of the Lord.

All Praise to you, O Christ.

*We do not take a collection at St. Anne's as we have a Free Will Offering scheme. However if you wish to make a contribution you will find a plate at the back of church. If you would like to join the **Free Will Offering** scheme please speak to Andy Crawford, Lindsey Archer or the church wardens.*

N **After Church**— As the next step in returning to normal we have decided that we will resume going over to the Centre for coffee after the service from next Sunday (15th Aug). Tea and Coffee will be available but if you just want to stay and chat or would prefer to bring your own drink that is fine. We hope as many as possible will join us as our inability to socialise has been one of the things we have all missed recently.

E **Face Coverings**— We have decided to drop the recommendation that face coverings be worn during the singing of hymns. We recommend that they be worn when entering or leaving the church, as a matter of courtesy to those who want to proceed more cautiously. However once in your seat they can be removed if you wish and do not need to be worn when coming up to receive. I will still wear one when consecrating and distributing the Eucharist, again as a courtesy to those who want to proceed more cautiously.

W **Chingford Hatch Jumble Trail : Saturday 21 August 10am - 1pm.** Leaflets and posters are now available, with full details. This is our first opportunity for many months to raise funds together for St Anne's and the charities we support. If you live within walking distance of St Anne's, please consider whether you could host a stall, or have a friend or neighbour who would like to take part. We also plan to have a stall or two and refreshments in the carpark at St Anne's and will need help here as well. Please speak to Anthony Sullivan, Lisa Jobber or Heather Gwynn if you can help in any way.

S

FOR OUR PRAYERS:

We remember in prayer each day all those both known and unknown to us who are suffering in mind, body and spirit, for those who have care of them, for all who are living with difficulties and trouble at this time and for all who will enter eternity this week.

Anniversaries for August: 1st Margaret Halford, 10th Lillian Whitehead, 11th Alex Joseph, 12th Doris Sullivan, 13th John Malony, 15th Katie Anderson, 19th Brian Jones, 29th Ivy Hughes.

*Eternal rest grant unto them O Lord, and let light perpetual shine upon them,
may they rest in peace and rise in glory. Amen*